



ACTIONABLE ITEMS



1. BOOK RECOMMENDATIONS

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| The New Jim Crow: Mass Incarceration in the Age of Colorblindness – Michelle Alexander (2010) | Chasing the Scream – Johann Hari (2015) |
| Undoing Drugs: How Harm Reduction is Changing the Future of Drugs and Addiction – Maia Szalavitz (2022) | Fighting for Space: How a Group of Drug Users Transformed One City's Struggle with Addiction – Travis Lupick (2018) |
| Saving Our Own Lives: A Liberatory Practice of Harm Reduction – Shira Hassan (2022) | High Price: A Neuroscientist's Journey of Self-Discovery That Challenges Everything You Know About Drugs and Society – Dr. Carl Hart (2013) |

2. MOVIE RECOMMENDATIONS

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| 1. 13th - (Documentary on Netflix) | 4. Crack, Cocaine, Corruption and Conspiracy |
| 2. Love in the Time of Fentanyl | 5. Take Your Pills |
| 3. Flood: Overdose Epidemic in Canada | |

3. PODCAST RECOMMENDATIONS

- Crackdown
- Chemical World
- Narcotica

4. SIGN THE OPEN LETTER ON SUSTAINABILITY FOR SAFER SUPPLY AND HARM REDUCTION PROGRAMS



SCAN ME

5-7. WRITE TO YOUR ELECTED OFFICIALS TO ADVOCATE FOR DECRIMINALIZATION OF SUBSTANCES, SAFER SUPPLY, AND ENDING MANSLAUGHTER CHARGERS FOR SHARING SUBSTANCES

Federal Contact Information:

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Provincial Contact Information

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Municipal Contact Information

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- Bill Steele** - billsteele@niagararegion.ca



Decriminalization Done Right



Safe Supply Concept Document



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8. SEEK OUT EVIDENCE BASED INFORMATION



Harm Reduction Fundamentals Course



Fentanyl Myths Debunked



Indigenous Harm Reduction



OHRDP Connecting Guide

9. CHANGE DIALOGUE IN YOUR FAMILY ABOUT DRUG USE

10. CLEAN UP SHARPS IN YOUR COMMUNITY AND DON'T POST ABOUT IT

11. VOLUNTEER WITH STREETWORKS & GET NARCAN TRAINED



Volunteer with PLN

StreetWorks offers FREE training on how to use naloxone – a drug used to temporarily reverse the effects of an opioid overdose. Training is only 20 minutes and you will receive a free kit with everything you need, including the naloxone, which is now in nasal spray format.

Training can be done in the location of your choice (in your home, our office and at this event!) No health card is needed.

For more information on training, please contact Hannah or Kaitlin at hzettlergraca@positivelivingniagara.com and klabatte@positivelivingniagara.com

12. FOLLOW HARM REDUCTION ACCOUNTS

- @harm.reduction.saves.lives
- @street.cats.yyc
- @cassafessupply
- @kmops_
- @abrpo_org
- @adcp_cop
- @nss_cop
- @capudofficial
- @radhealthresources